

EAT FREE FOR 3 WEEKS

That's An Extra 21 Breakfasts, 21 Lunches, 21 Dinners and 21 Desserts FREE†

"Nutrisystem not only transformed my body into unbelievable shape, it trained me how to eat right, too."

-Amberly



after

AMBERLY
LOST 36 LBS*



before

LOSE WEIGHT AND LOOK GREAT!

Now it's easier to **eat the foods you love** while you lose weight! Nutrisystem combines the proven science of low-Glycemic Index "good carbs" with high fiber to help you **stay fuller longer**. It's smart, sensible weight loss, and a great value!

- A variety of programs to meet your needs
- NO counting calories, carbs, or points
- **FREE** online membership including weight loss tips and tools, menu planning, and live chat sessions with registered dietitians
- Round-the-clock access to weight loss coaches absolutely **FREE**
- **FREE** delivery† straight to your door from our kitchens to yours



Over **160 great-tasting foods** like Cinnamon Bun, Lasagna, Italian Herb Flatbread Pizza, and Caramel Swirl Sundae!

All for as low as **\$3 a meal!**†

Over
50 NEW
FOODS!

EAT FREE FOR 3 WEEKS!

That's An Extra 21 Breakfasts, 21 Lunches, 21 Dinners and 21 Desserts FREE†

Call **1-877-xxx-xxxx (xxxx)**
or click **nutrisystem.com/xxxx**

MONEY BACK GUARANTEE!

Try our food! If you don't like it, call within 7 days of receipt of your first order and return the remaining three weeks of food for a **FULL REFUND** of the purchase price, less shipping. Call or see website for details.

†Offer good on new 28-Day Auto-Delivery programs. Offer not valid on Flex and Select (fresh-frozen) programs. Free shipping to Continental U.S. only. One additional free week of food will be included with each of your first three deliveries. With Auto-Delivery, you are automatically charged and shipped your 28-Day program once every 4 weeks unless you cancel. You can cancel at any time by calling 1-800-727-8046; however for this offer you must stay on Auto-Delivery for at least three consecutive 28-Day program deliveries to receive all three free weeks. Other restrictions apply. Call or see website for details. Cannot be combined with any prior or current discount or offer. Limit one offer per customer. ©2010 Nutrisystem, Inc. All rights reserved.

*Results not typical. On Nutrisystem, you can expect to lose at least 1-2 lbs. per week. Individuals are remunerated. On Nutrisystem, you add-in fresh grocery items.

Nutrisystem®