

# EAT FREE FOR 3 WEEKS

That's An Extra 21 Breakfasts, 21 Lunches, 21 Dinners and 21 Desserts FREE<sup>†</sup>

It's easy to **eat the foods you love** while you lose weight! Nutrisystem combines the proven science of low-Glycemic Index "good carbs" with high fiber to help you **stay fuller longer**. It's smart, sensible weight loss, and a great value!

- A variety of programs to meet your needs
- NO counting calories, carbs, or points
- **FREE** online membership including weight loss tips and tools, menu planning, and live chat sessions with registered dietitians
- **FREE** access to weight loss coaches
- **FREE** delivery<sup>†</sup> straight to your door

LOSE WEIGHT & LOOK GREAT FOR SUMMER!



ENTERTAINER  
**MARIE OSMOND**  
**50** Lost lbs.\*



**PLUS!**  
YOU GET OUR  
MONEY BACK  
GUARANTEE



BREAKFAST, LUNCH, DINNER AND DESSERT—ONLY ABOUT **\$3 A MEAL!**<sup>†</sup>

GET **3 FREE WEEKS** OF FOOD  
That's 84 MEALS FREE<sup>†</sup>  
With 28-Day Auto-Delivery program  
**888.xxx.xxxx (xxxx)**  
**nutrisystem.com/xxxx**

<sup>†</sup> Offer good on new 28-Day Auto-Delivery Programs only. Free shipping to Continental US only. Fresh-frozen items shipped separately. One additional free week of non-frozen food items will be included with each of your first three consecutive 28-Day deliveries. With Auto-Delivery, you are automatically charged and shipped your 28-Day order every four weeks unless you cancel. You can cancel at any time by calling 1-800-727-8046; however for this offer you must stay on Auto-Delivery for at least three consecutive 28-Day program deliveries to receive all three free weeks of food. The Nutrisystem Select program is available to Continental US residents only and cannot be shipped to PO Boxes, APO Boxes or military addresses. Cannot be combined with any prior or current discount or offer. Limit one offer per customer. Must cancel within seven days of receipt of first shipment and return at least two weeks for a full refund, less shipping. Other restrictions apply. Call or see website for details. ©2011 Nutrisystem, Inc. All rights reserved.

\*Results not typical. On Nutrisystem, you can expect to lose at least 1-2 lbs. per week. Individuals are remunerated. On Nutrisystem you add in fresh grocery items.

