

before



EAT FREE FOR 3 WEEKS!

That's An Extra **21 Breakfasts, 21 Lunches, 21 Dinners & 21 Desserts FREE[†]**

LOSE WEIGHT AND LOOK GREAT!

It's easy to **eat the foods you love** while you lose weight! Nutrisystem combines the proven science of low-Glycemic Index "good carbs" with high fiber to help you **stay fuller longer**. It's smart, sensible weight loss, and a great value!

WEIGHT LOSS MADE EASY:

- A variety of programs to meet your needs
- **NO** counting calories, carbs, or points
- **FREE** online membership including weight loss tips and tools, menu planning, and live chat sessions with registered dietitians
- **FREE** round-the-clock access to weight loss coaches
- **FREE** delivery[†] straight to your door from our kitchens to yours

All this for as low as **\$3 a meal![†]**

after



ENTERTAINER
MARIE OSMOND
LOST **50** LBS.*

breakfast



You **eat often throughout the day** to help you feel full longer!

lunch



All meals are **perfectly portioned[®]**—so there's no counting and no guesswork!

dinner



Everything is shipped right to your home, **ready to heat, eat and go. Meals prepare in just minutes!**

dessert



Over 150 delicious foods, so you can enjoy your favorites like pizza, chips, even chocolate cake!

MARYAM LOST **60** LBS.*



before



after

SHARI LOST **57** LBS.*



before



after

GET 3 FREE WEEKS OF FOOD!

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Call **1-877-837-SLIM (7546)**
or click **nutrisystem.com/a611**

MONEY BACK GUARANTEE!

Try our food! If you don't like it, call within 7 days of receipt of your first order and return the remaining three weeks of food for a **FULL REFUND** of the purchase price, less shipping. Call or see website for details.

[†]Offer good on new 28-Day Auto-Delivery programs. Offer not valid on Flex and Select (fresh-frozen) programs. Free shipping to Continental U.S. only. One additional free week of food will be included with each of your first three consecutive 28-Day deliveries. With Auto-Delivery, you are automatically charged and shipped your 28-Day program once every 4 weeks unless you cancel. You can cancel at any time by calling 1-800-727-8046; however for this offer you must stay on Auto-Delivery for at least three consecutive 28-Day program deliveries to receive all three free weeks of food. Other restrictions apply. Call or see website for details. Cannot be combined with any prior or current discount or offer. Limit one offer per customer. ©2011 Nutrisystem, Inc. All rights reserved.

*Results not typical. On Nutrisystem, you can expect to lose at least 1-2 lbs. per week. Individuals are remunerated. On Nutrisystem you add in fresh grocery items.

Nutrisystem[®]